

What's Creative Wellness?

Creatively well individuals seek to enhance their knowledge and **understanding of the world** through a diverse range of arts and cultural experiences that shape their **awareness of themselves and others**. They value and actively participate in the arts as a means for **self-expression, stress relief, enhancing innovative thinking, and skill-building**. They also make a conscious effort to construct an atmosphere that fosters creativity and **individuality**.

Where you can get a "creativity workout" at OSU (and close-by)

VISUAL ARTS

Wexner Center for the Arts

<http://wexarts.org/>

The Wexner Center for the Arts brings the best of what's happening around the world in contemporary art, film, and performing arts to OSU. Each semester features a new set of exhibitions ranging from various topics such as environmental issues to the influence of jazz and blues music to Brazilian culture. In addition, there are films or performances to experience almost every night of the week. The Wexner also provides many opportunities to hear directly from artists and engage with art in new ways.

Hopkins Gallery (Hopkins Hall)

www.hhg.osu.edu

In the Hopkins Gallery, student work is displayed throughout the semester. It provides the opportunity to see what peers are working on and display the many talents of The Ohio State University.

Billy Ireland Cartoon Library and Museum (Sullivant Hall)

<http://cartoons.osu.edu/>

The newly-reopened Cartoon Library and Museum promotes the study and appreciation of cartoon art through exhibitions, catalogs, lectures, seminars, panel discussions, workshops and conferences. Stop in to see original drawings from some of your favorite comics, including *Peanuts* and *Calvin and Hobbes*.

Fine Arts Library (adjacent to the Wexner Center for the Arts)

<http://library.osu.edu/about/locations/fine-arts-library>

The Fine Arts Library at The Ohio State University is a great place to find art resources. Its extensive subjects include visual and performing arts. All types of resources are available to students, from collections of work to current journals to history about past artists.

Banvard Gallery (Knowlton School of Architecture)

<http://knowlton.osu.edu/banvard>

The Banvard Gallery at the Knowlton School of Architecture displays undergraduate and graduate student work. It relies on a variety of subjects and materials involving architecture in a modern study.

Union Art Gallery (2nd floor of the Union)

http://ohiounion.osu.edu/things_to_do/buckeye_showcase

The Union Art Gallery is a space committed to showing student, faculty, and staff work at The Ohio State University, often from various campus competitions.

Swing Space Gallery (South Campus Gateway)

www.art.osu.edu

The Swing Space Gallery located in the South Campus Gateway shows student, faculty, departmental, and specially-curated work. BFA students display their senior projects there, and it offers the chance to support peers and The Ohio State University.

Advance Computing Center for the Arts and Design (ACCAD)

<http://accad.osu.edu/index.html>

The Advanced Computing Center for the Arts and Design is a space to engage students who focus on digital art forms, including animation. Showcases at the end of the semester feature student work.

The Photo League

osuphotoleague@gmail.com

The Photo League is a student photography club based off a group of photographers who gathered around social and creative issues. The club meets regularly and attends artist talks as well as other art-related events, and provides a positive environment to make art.

Urban Arts Space

<http://uas.osu.edu/>

50 W. Town St. Suite 130
Columbus, OH 43215

The Ohio State University Urban Arts Space is a gallery dedicated to the visual and performing arts. Its goal is provide to life-altering experiences to widen worldviews, help others experience art, and cultivate skills for future endeavors.

Ohio Art League

www.oal.org

1552 N. High St.
Columbus, OH 43210

Ohio Art League is a membership-based non-profit arts organization. Every month a new exhibition featuring Ohio artists is displayed. These exhibitions and other opportunities provided offer art experience that encourages career progression.

Columbus Museum of Art

<http://www.columbusmuseum.org/>

Columbus Museum of Art shows more famous works and emerging works to the public. It exhibits a variety of art forms and has different art-making activities open to Columbus. It supports a unique connection for art and the individual. "Art inspires. Art challenges. Art thinks."

PERFORMING ARTS (see events calendars for events, locations, contact information, and dates)

Wexner Center for the Arts (see above)

<http://wexarts.org>

OSU Dance Department

<http://dance.osu.edu/events>

The Dance Department focuses on students studying the physical practice, artistic interests and expressions, and theory surround the performing art form. Recitals and performances are held throughout the year.

OSU Theatre Department

<http://theatre.osu.edu/>

The Theatre Department offers students a chance to express themselves through acting. It concentrates on original ways to connect with historical ties through productions.

OSU School of Music

<http://music.osu.edu>

OSU's School of Music trains the next generation of top musicians and musical educators. In addition to individual or small group recitals by both students and professional musicians throughout the year, they also offer concerts by large ensembles including the Men's and Women's Glee Clubs, Jazz Ensemble, and Symphony Orchestra.

8th Floor Improv Comedy Group

<http://www.8thfloorimprov.com>

8thFloorImprov@gmail.com

The 8th Floor Improv Comedy Group strives to broaden the Ohio State University's concept of humor with ground breaking improv comedy and video sketches. Their performances are entertaining and a great source of energy and originality.

Off the Lake Productions

www.offthelake.osu.edu

offthelakeproductions@osu.edu

Off the Lake Productions is a completely student-run, non-profit, service-based, musical theatre organization. Two main events throughout the year are the Fall Cabaret and Spring Musical. They strive to provide people with a musical theater experience on campus that is safe and fun in a non-judgemental environment that encourages people to be themselves.

Medieval and Renaissance Performers Guild

www.guild.org.ohio-state.edu

scarmack.2@buckeyemail.osu.edu

The Medieval and Renaissance Performers Guild wants to facilitate the recreation of the Medieval and Renaissance time period through acting, theatrical combat, singing, improv, dancing, and other period activities.

Columbus Symphony Orchestra

<http://www.columbussymphony.com/>

The Columbus Symphony Orchestra is Central Ohio's oldest orchestra, established in 1951. It provides a great music experience that reaches over a quarter of a million people. Concerts range from classical masterpieces, new compositions, and "pops" concerts with special guests.

Columbus Jazz Orchestra

<http://www.jazzartsgroup.org/columbus-jazz-orchestra/>

The Columbus Jazz Orchestra is a world-renowned music group. They provide a big band jazz experience and host several other famous artists to perform with them every year.

Available Light Theatre

<http://avltheatre.com/>

Available Light is a theatre group that promotes the examination of our culture in their works. Their plays provide a fun experience with the arts.

Catco

<http://catco.org/>

Catco seeks to portray how culture changes through their performances. In addition to performances, they offer classes and various ways to participate in supporting the arts.

OTHER

Taste of OSU

<http://oia.osu.edu/taste-of-osu.html>

Feb 22, 5pm-9pm, Ohio Union

Taste of OSU is a fun way to engage in different cultural experiences through food and history. Students can buy tickets and taste various ethnic food, while learning about that culture's history and importance.

Never Let Your Pen Dry

<https://www.facebook.com/groups/13132770999/?fref=ts>

nlypd.osu@gmail.com

Never Let Your Pen dry wants to provide a forum of individual artistic expression through writing and speech, foster healthy competition between artists of different genres and categories, showcase member talents, and create a casual atmosphere for creative interaction and entertainment at The Ohio State University.

Scarlette Fashion Magazine

www.scarlette.osu.edu

Scarlette Fashion Magazine is a student-run production involving all the components of the fashion magazine business, including writing, photography, marketing, fashion, and design. It is a collaborative effort that produces incredible and rewarding work.

The Grove- An Undergraduate Creative Writing Community

www.thegrove.org.ohio-state.edu

fruitofknowledge@gmail.com

The Grove will foster a community of creative writers who will provide feedback and support for one another.

Classes (outside of OSU)

The Greater Columbus Arts Council

http://columbusarts.com/artclassifieds/ed_finder.php

The Greater Columbus Arts Council helps to fund a wide variety of artists and art organizations to further the art community in Ohio's capital city. It provides programs, events, and services to the local citizens to help them engage in art experiences. Find classes based on location, proximity, and art form.

Cultural Arts Center

http://culturalartscenteronline.org/class_list

139 West Main Street

Columbus, OH 43215

614-645-7047

The Cultural Arts Center in Columbus provides a variety of classes in the visual arts. They span from all experience levels, from beginning to advanced.